

Parenting Plan Worksheet

Possible parenting plan for (child/ren) _____

Most important Parenting needs for _____

- 1.
- 2.
- 3.
- 4.
- 5.

How will the children spend meaningful time with each parent during:

	Parent 1	Parent 2
Weekdays & Weekends		
Holidays		
Birthdays		
Vacations		
Other special events		

How will illness, parental emergencies or children's desires affect these scheduled times?

How will children be transported between parental homes?

What will be the policy for telephone contact with the “absent” parent?

How will major parenting decisions be made concerning child/ren’s:

- a. education, i.e., school selection, extra-curricular activities & parental permission in activities
- b. routine & emergency health care, i.e., selection of medical, dental & emotional health care professionals & services
- c. religious training?

What approach will we use if we have disagreements about the parenting plan in the future, such as using mediation or arbitration before going to trial?

At what times in the future will the plan need to be reviewed and possibly modified, such as child entering high school, parent moving, parent remarrying or cohabiting, or parent dying?

What other parenting arrangements unique to our situation need to be specified?

What are the advantages & disadvantages of each possible custody plan?

- a. sole with mother
- b. sole with father
- c. joint, primary residence with father
- d. joint, primary residence with mother
- e. joint, equal residence with both parents
- f. split, some children with each parent